



## Puppy Lesson 3 Homework

Your trainer will adjust the homework as needed. Please reach out to them with any questions, and have fun!

1. **E-COLLAR.** Your puppy will wear their E-Collar anytime they are being supervised. **DO NOT TURN THE E-COLLAR ON OR USE THE REMOTE.** They will wear it as much of the day as possible starting when they first wake up, anytime they are with you. They will not wear it when nobody is supervising them, overnight, or anytime they're in the crate for more than several supervised minutes.
2. **CRATE/POTTY TRAINING.** Continue crating overnight. Continue working in and out to the potty spot requiring patience at the door. Continue your 30-30 rule. (Your trainer may adjust the timing)
3. **COME, SIT, PLACE, DOWN, and FREE.** Your puppy will continue to work for all their food. Use the same routine you have been, but try extending the distance to 10 steps away. Try performing the same routine outside for 1 or 2 sessions per day. When you move outside, start back at a smaller distance of 3-5 steps away and slowly work your way out. **KEEP TRACK OF YOUR REPS ON A PIECE OF PAPER. THE MORE YOU DO THE BETTER YOUR PUPPY WILL GET!**
4. **DURATION PLACE.** You will continue to perform duration place 2 times per day. We are going to increase the goal to 15 minutes each time, still setting a timer once your puppy settles on place. You can continue to increase the distractions, like briefly leaving the room, knocking on doors or walls, and moving quickly. When the timer goes off, use the "FREE" command and reward and engage with your puppy off of the place board. Try doing duration place in different locations, including outside, and during activities like cooking or eating. You can use it randomly for short periods throughout the day, just don't forget to give your puppy the "Free" command. **THIS IS THE MOST IMPORTANT COMMAND WE WILL TEACH YOUR DOG. THIS WILL TEACH HIM TO RELAX AND NOT MOVE WHEN YOU TELL HIM TO. WE USE THIS IN EVERYDAY LIFE. FOR EXAMPLE, WHILE PREPPING, EATING AND CLEANING UP AFTER DINNER IT GIVES HIM SOMEPLACE TO GO AND BE OUT OF THE WAY OR WHILE ANSWERING THE DOOR ETC.**